



June 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<p>1</p> <p>8:00 Continental Breakfast 9:00 Exercise w/Michelle 10:30 New Neighbor Orientation 12:30 Outdoor Game: Cornhole 3:00 Happy Hour 6:00 Movie Night</p>	<p>2</p> <p>8:00 Continental Breakfast 9:00 Exercise w/Kashmir 10:30 Nordic Northwest Lecture: The Allure of Vikings 2:00 Craft Group 4:30 Seated Exercise 7:00 Shuffleboard</p>	<p>National Doughnut Day 3</p> <p>8:00 Continental Breakfast 10:00 Tai Chi 12:30 Bridge Club 11:30 – 1:30 Donuts & Destress 3:00 Happy Hour 6:00 Movie Night</p>	<p>4</p> <p>8:00 Continental Breakfast 8:00 – 12:30 Old Market Farmer's Market 9:00 Seated Exercise 2:00 Cards 6:00 Game Night</p>
<p>5</p> <p>8:30 Mindful Meditation – Spiro100 9:00 – 1:00 Aksarben Village Farmer's Market 1:00 Netflix – Our Planet 5:05 Storm Chasers vs. Indianapolis</p>	<p>6</p> <p>8:00 Continental Breakfast 9:00 Circuit Training 12:30 Mahjong 1:00 Grilling Demo w/ Chef Will 3:00 Cards 5:00 Yoga 7:00 Shuffleboard</p>	<p>7</p> <p>8:00 Continental Breakfast 10:00 Spiro100 Res Choice 1:00 Coffee & Current Events 2:00 Chair Massage 3:00 Mexican Train Dominoes 4:30 Seated Exercise 6:30 Card Making w/ Janet 6:30 Cards in Club Room</p>	<p>8</p> <p>8:00 Continental Breakfast 9:00 Spiro100 Res Choice 12:30 Outdoor Game: Ladder Ball 2:00 World Ocean's Day Movie "A Life On Our Planet" (Netflix) 3:00 Happy Hour 6:00 Movie Night</p>	<p>9</p> <p>8:00 Continental Breakfast 9:00 Exercise w/Kashmir 2:00 Craft Group 1:00 Card Making w/ Janet 2:00 Sizzlin' Summer Safety w/ Omaha Fire Department 4:30 Seated Exercise</p>	<p>10</p> <p>8:00 Continental Breakfast 10:00 Tai Chi 11:30 The Story of America in 12 Films – Viewing/Conversation 12:30 Bridge Club 2:00 Chair Massage 5:00 – 7:00 BBQ & Blues 7:30 Movie Night</p>	<p>11</p> <p>8:00 Continental Breakfast 8:00 – 12:30 Old Market Farmer's Market 9:00 Seated Exercise 2:00 Cards 6:00 Game Night</p>
<p>12</p> <p>8:30 Mindful Meditation – Spiro100 9:00 – 1:00 Aksarben Village Farmer's Market 1:00 Netflix – Our Planet 5:05 Storm Chasers vs. Leigh Valley</p>	<p>13</p> <p>8:00 Continental Breakfast 9:00 Circuit Training 12:30 Mahjong 3:00 Cards 5:00 Yoga 7:00 Shuffleboard</p>	<p>Flag Day 14</p> <p>8:00 Continental Breakfast 10:00 Exercise w/ Michelle 12:30 Lifestyle Meeting 3:00 Mexican Train Dominoes 4:30 Seated Exercise 6:30 Cards in Club Room</p>	<p>15</p> <p>8:00 Continental Breakfast 9:00 Exercise w/Michelle 10:30 Nordic Northwest Lecture: Beauty Secrets of the Gods 3:00 – 5:00 Happy Hour: Putting Around Poolside 6:00 Movie Night</p>	<p>16</p> <p>8:00 Continental Breakfast 9:00 Exercise w/Kashmir 11:30 Lunch on the Town: The Stokin' Goat 2:00 Craft Group 4:30 Seated Exercise 7:00 Shuffleboard</p>	<p>17</p> <p>8:00 Continental Breakfast 10:00 Tai Chi 11:00 Let's Talk Libraries 12:30 Bridge Club 4:00 Happy Hour: June Birthday Celebration 6:30 Movie Night</p>	<p>Wear BLUE Day 18</p> <p>8:00 Continental Breakfast 8:00 – 12:30 Old Market Farmer's Market 9:00 Seated Exercise 12:30 Outdoor Game: Cornhole 2:00 Cards 6:00 Game Night</p>
<p>Father's Day 19</p> <p>8:30 Mindful Meditation – Spiro100 9:00 – 1:00 Aksarben Village Farmer's Market 5:00 James Bond Movie Marathon</p>	<p>20</p> <p>8:00 Continental Breakfast 9:00 Circuit Training Jadomte' Mobile Nail Bar 12:30 Mahjong 3:00 Cards 5:00 Yoga 7:00 Shuffleboard</p>	<p>21</p> <p>8:00 Continental Breakfast 10:00 Exercise w/ Michelle 1:00 Coffee & Current Events 3:00 Mexican Train Dominoes 4:30 Seated Exercise 6:30 Cards in Club Room</p>	<p>22</p> <p>8:00 Continental Breakfast 9:00 Exercise w/Michelle 2:00 Book Club: Decisional Meeting 3:00 – 4:00 Happy Hour: Jazz & Joe Taylor 6:00 Movie Night</p>	<p>23</p> <p>8:00 Continental Breakfast 9:00 Exercise w/Kashmir 11:30 Citrus Stamped Tea Towels 2:00 Craft Group 4:30 Seated Exercise 7:00 Shuffleboard</p>	<p>24</p> <p>8:00 Continental Breakfast 10:00 Tai Chi 12:30 Bridge Club 2:00 Iced Tea and Tees 4:00 Happy Hour 6:30 Movie Night</p>	<p>25</p> <p>8:00 Continental Breakfast 8:00 – 12:30 Old Market Farmer's Market 9:00 Seated Exercise 2:00 Cards 6:00 Game Night</p>
<p>26</p> <p>8:30 Mindful Meditation – Spiro100 9:00 – 1:00 Aksarben Village Farmer's Market 11:30 Lunch on the Town: Jojos Diner - West 1:00 Netflix – Our Planet</p>	<p>27</p> <p>8:00 Continental Breakfast 9:00 Circuit Training 12:30 Mahjong 3:00 Cards 5:00 Yoga 7:00 Shuffleboard Tournament</p>	<p>28</p> <p>8:00 Continental Breakfast 10:00 Exercise w/ Michelle 1:00 Coffee & Current Events 3:00 Mexican Train Dominoes 4:30 Seated Exercise 6:30 Cards in Club Room</p>	<p>29</p> <p>8:00 Continental Breakfast 9:00 Exercise w/Michelle 12:30 Taste and Learn - Kombucha 3:00 Yappy Hour 6:00 Movie Night</p>	<p>30</p> <p>8:00 Continental Breakfast 9:00 Exercise w/Kashmir 2:00 Craft Group 4:30 Seated Exercise 7:00 Shuffleboard</p>	<p>Ways to Wellness</p> <ul style="list-style-type: none"> Physical Emotional Intellectual Spiritual Environmental Social Occupational 	

EVENTS

Putting Around Poolside

Join us for a cold beer, beverages, and pool side games including a putting green, cornhole and ladder golf! J Smokehouse BBQ food truck will be on site and available for purchase.

Iced Tea and Tees

Women's Golf Month is celebrated in June. Join us Friday, June 24th work on your tee off game with a neighbor and a local Golf Pro. Who can beat iced tea and poolside golf?

BBQ & Blues

We've got you covered for Father's Day. Let Dad relax and enjoy some local blues music and even sample local craft brews. Live music begins at 5:00PM.