

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
1 1:00   Netflix – Our Planet 2:05   Stormchasers vs. Toledo	2 8:00   Continental Breakfast 9:00   Circuit Training 12:30   Mahjong 3:00   Cards 5:00   Yoga <b>5:00 – 7:00   Art &amp; Craft Fair</b> <b>402 BBQ Food Truck</b> 7:00   Shuffleboard	3 8:00   Continental Breakfast 10:00   Exercise w/ Michelle 3:00   Mexican Train Dominoes 4:30   Seated Exercise <b>6:30   Card Making Class</b> 7:00   Cards in Club Room	4 8:00   Continental Breakfast 9:00   Exercise w/Michelle <b>5:00   Happy Hour: Mariachi Band &amp; Taco Bar</b> 7:30   Movie Night	<b>Cinco de Mayo 5</b> 8:00   Continental Breakfast 9:00   Exercise w/Kashmir <b>1:00   Card Making Class</b> 2:00   Craft Group 4:30   Seated Exercise	6 8:00   Continental Breakfast 10:00   Tai Chi 12:30   Bridge Club 3:00   Happy Hour 6:00   Movie Night	7 8:00   Continental Breakfast <b>9:00   Grab&amp;Go Pastries + Mimosas</b> <b>8:00 – 12:30   Old Market Farmer's Market</b> 9:00   Seated Exercise 2:00   Cards 6:35   Stormchasers vs. Columbus 5:00   Kentucky Derby Watch Party	
<b>Mother's Day 8</b> <b>9:00 – 1:00   Aksarben Village Farmer's Market</b> 1:00   Netflix – Pom's 2:05   Stormchasers vs. Columbus	9 8:00   Continental Breakfast 9:00   Circuit Training <b>9:00   Nail Bar in Parking Lot</b> 12:30   Mahjong 3:00   Cards 5:00   Yoga 7:00   Shuffleboard	10 8:00   Continental Breakfast 10:00   Tai Chi <b>2:00   Chair Massage</b> 3:00   Mexican Train Dominoes 4:00   Mahjong Club 4:30   Seated Exercise 7:00   Cards in Club Room	11 8:00   Continental Breakfast 9:00   Exercise w/Michelle <b>11:30   Lunch @ Timber Wood Fire Bistro</b> 3:00   Happy Hour 6:00   Movie Night	12 8:00   Continental Breakfast 9:00   Exercise w/ Kashmir <b>11:00   Casino Day</b> 2:00   Craft Group 4:30   Seated Exercise	13 8:00   Continental Breakfast 10:00   Tai Chi 12:30 Bridge Club <b>2:00   Chair Massage</b> <b>3:00   Happy Hour: May Birthday Celebration</b> 6:00   Movie Night	14 8:00   Continental Breakfast <b>8:00 – 12:30   Old Market Farmer's Market</b> 9:00   Seated Exercise 2:00   Cards 6:00   Game Night	
15 <b>9:00 – 1:00   Aksarben Village Farmer's Market</b> 1:00   Netflix Our Planet	16 8:00   Continental Breakfast 9:00   Circuit Training 12:30   Mahjong 3:00   Cards 5:00   Yoga 7:00   Shuffleboard	17 8:00   Continental Breakfast 10:00   Exercise w/Michelle <b>2:00   Chair Massage</b> 3:00   Mexican Train Dominoes 4:30   Seated Exercise 7:00   Cards in Club Room	18 8:00   Continental Breakfast 9:00   Exercise w/Michelle 3:00   Happy Hour 6:00   Movie Night	19 8:00   Continental Breakfast 9:00   Exercise w/Kashmir 2:00   Craft Group 4:30   Seated Exercise <b>5:00   Pizza Night</b>	20 8:00   Continental Breakfast 10:00   Tai Chi 12:30   Bridge Club 3:00   Happy Hour 6:00   Movie Night	21 8:00   Continental Breakfast <b>9:00 – 1:00   Aksarben Village Farmer's Market</b> 9:00   Seated Exercise 2:00   Cards 6:35   Stormchasers vs. St. Paul 6:00   Game Night	
22 <b>9:00 – 1:00   Aksarben Village Farmer's Market</b> 1:00   Netflix Our Planet 2:05   Stormchasers vs. St. Paul <b>4:00   Welcome Mixer</b>	23 8:00   Continental Breakfast 9:00   Circuit Training 12:30   Mahjong 3:00   Cards 5:00   Yoga 7:00   Shuffleboard	24 8:00   Continental Breakfast 10:00   Exercise w/ Michelle 3:00   Mexican Train Dominoes 4:30   Seated Exercise 7:00   Cards in Club Room	25 8:00   Continental Breakfast 9:00   Exercise w/Michelle 3:00   Happy Hour 6:00   Movie Night	26 8:00   Continental Breakfast 9:00   Exercise w/Kashmir 2:00   Craft Group 4:30   Seated Exercise	27 8:00   Continental Breakfast 10:00   Tai Chi 12:30   Bridge Club 3:00   Happy Hour 6:00   Movie Night	28 8:00   Continental Breakfast <b>9:00 – 1:00   Aksarben Village Farmer's Market</b> 9:00   Seated Exercise 2:00   Cards <b>5:00   Red, White &amp; BBQ</b>	
29 <b>9:00 – 1:00   Aksarben Village Farmer's Market</b> 1:00   Netflix Our Planet	<b>Memorial Day 30</b> <b>Office Is Closed</b> 12:30   Mahjong 3:00   Cards 7:00   Shuffleboard Tournament	31 8:00   Continental Breakfast 10:00   Exercise w/ Michelle 3:00   Mexican Train Dominoes 4:30   Seated Exercise 7:00   Cards in Club Room					<b>Ways to Wellness</b> Physical Emotional Intellectual Spiritual Environmental Social Occupational

## EVENTS

### Taco Bar & Drinks

Join us for a taco bar and the wonderful Sounds of Joe and his Mariachi band on May 4<sup>th</sup> from 5 – 7 PM!

### Kentucky Derby Watch Party

Don your most festive derby attire and joins us Saturday, May 7<sup>th</sup> for a watch party & the Run for the Roses. Bring down your favorite Derby inspired cocktail to enjoy beginning at 5PM!

### Red, White & BBQ

Start Summer off the right way with a good ol' Midwest BBQ! Join us on May 28<sup>th</sup> at 5 PM, bring a side to share with your neighbors. Sign up at the front desk.