



# June 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<b>1</b> 8:00-10:00   Breakfast 10:30   BeMoved Dance 3:30   Wine&Cheese Wednesday <b>6:00   Meet Your Neighbors #1</b> <b>1<sup>st</sup> Floor Residents Meet-up!</b>	<b>2</b> 8:00-10:00   Breakfast 9:30   Adv. Strength and Stretch 11:30-12:30   Tech Help Stand <b>12:00   Outdoor Walk with Others:</b> <b>Meet in the Lobby</b>	<b>3</b> 8:00-10:00   Breakfast 9:30   Water Fitness 1:00   Movie: <i>Tully</i> 4:00   Happy Hour	<b>4</b> 8:00-10:00   Breakfast 11:00   Engaging While Aging 12:00   Ladies' Afternoon Chats 1:00   Resident Choice Movie 4:00   Afternoon Trivia <b>5:30   Splashin' Social</b>
<b>5</b> 10:00   Walking Group 11:00   Men's Morning Mtg <b>1:00   Pride Month Documentary:</b> <b><i>A Secret Love</i></b>	<b>6</b> 8:00-10:00   Breakfast 9:30   Water Fitness 2:00   Current Events 5:30   Keeping Joints in Motion	<b>7</b> 8:00-10:00   Breakfast 12:00   Play Bags/Cornhole 2:00   Relax by the Pool w/ Pals 6:00   Pro Poker	<b>8</b> 8:00-10:00   Breakfast 10:30   BeMoved Dance 3:30   Wine&Cheese Wednesday <b>6:00   Meet Your Neighbors #2</b> <b>2<sup>nd</sup> Floor Residents Meet-up!</b>	<b>9</b> 8:00-10:00   Breakfast 9:30   Adv. Strength and Stretch 11:30-12:30   Tech Help Stand <b>5:30   RSVP: Avidor Talent Show</b> <b>All Talents Welcome</b>	<b>10</b> 8:00-10:00   Breakfast 9:30   Water Fitness 1:00   Movie: <i>Weekend Away</i> 4:00   Happy Hour	<b>11</b> 8:00-10:00   Breakfast <b>8:00-1:00   Livestock/Dairy Fest</b> <b>At Wagner Farm Glenview</b> 11:00   Engaging While Aging 12:00   Ladies' Afternoon Chats 1:00   Resident Choice Movie 4:00   Afternoon Trivia <b>5:30   Splashin' Social</b>
<b>12</b> 10:00   Walking Group 11:00   Men's Morning Mtg <b>1:00   Pride Month Documentary:</b> <b><i>Disclosure</i></b>	<b>13</b> 8:00-10:00   Breakfast 9:30   Water Fitness 2:00   Current Events 5:30   Full Body Fitness	<b>14</b> 8:00-10:00   Breakfast <b>10:30   Virtual NSSC Presents:</b> <b>Isle Royale National Park</b> 12:00   Play Bags/Cornhole 6:00   Pro Poker	<b>15</b> 8:00-10:00   Breakfast 10:30   BeMoved Dance 3:30   Wine&Cheese Wednesday <b>6:00   Meet Your Neighbors #3</b> <b>3<sup>rd</sup> Floor Residents Meet-up!</b>	<b>16</b> 8:00-10:00   Breakfast 9:30   Stretching/Yoga 10:15   Full Body Bootcamp 11:30-12:30   Tech Help Stand <b>3:00   New Resident Meeting:</b> <b>Meet Others, FAQ, Information, Etc.</b>	<b>17</b> 8:00-10:00   Breakfast 9:30   Water Fitness 1:00   Movie: <i>My Name is Doris</i> 4:00   Happy Hour	<b>18</b> 8:00-10:00   Breakfast 12:00   Ladies' Afternoon Chats 1:00   Resident Choice Movie 4:00   Afternoon Trivia <b>5:30   Splashin' Social</b>
<b>19</b> <b>Happy Father's Day:</b> <b>ALL Men Are Welcome To Stop By</b> <b>The Front Desk For A Treat!</b> 10:00   Walking Group 11:00   Men's Morning Mtg <b>1:00   Pride Month Documentary:</b> <b><i>Hating Peter Tatchell</i></b>	<b>20</b> 8:00-10:00   Breakfast <b>11:00   New Resident Meeting:</b> <b>Meet Others, FAQ, Information, Etc.</b> 2:00   Current Events	<b>21</b> 8:00-10:00   Breakfast 12:00   Play Bags/Cornhole <b>2:00   Improvisation Group</b> 6:00   Pro Poker	<b>22</b> 8:00-10:00   Breakfast 10:30   BeMoved Dance 3:30   Wine&Cheese Wednesday <b>6:00   Meet Your Neighbors #4</b> <b>4<sup>th</sup> Floor Residents Meet-up!</b>	<b>23</b> 8:00-10:00   Breakfast 9:30   Stretching/Yoga 10:15   Full Body Bootcamp 11:30-12:30   Tech Help Stand <b>6:30   Avidor Summer Soiree:</b> <b>Formal Event - Food, Drinks, Music</b> <b>Guests Welcome - RSVP Required</b>	<b>24</b> 8:00-10:00   Breakfast 9:30   Engaging While Aging 1:00   Movie: <i>The Kindergarten</i> Teacher <b>1:00   RSVP: Watercolor Class</b> <b>4:00   Extra Happy Hour</b> <b>Celebrate June Birthdays</b>	<b>25</b> 8:00-10:00   Breakfast 11:00   Engaging While Aging 12:00   Ladies' Afternoon Chats 1:00   Resident Choice Movie 4:00   Afternoon Trivia <b>5:30   Splashin' Social</b>
<b>26</b> 10:00   Walking Group 11:00   Men's Morning Mtg <b>1:00   Pride Month Documentary:</b> <b><i>Death &amp; Life of Marsha P. Johnson</i></b>	<b>27</b> 8:00-10:00   Breakfast 9:30   Water Fitness 2:00   Current Events 5:30   Keeping Joints in Motion	<b>28</b> 8:00-10:00   Breakfast <b>10:30   Virtual NSSC Presents:</b> <b>The Greyford Trials</b> 12:00   Play Bags/Cornhole 6:00   Pro Poker	<b>29</b> 8:00-10:00   Breakfast 10:30   BeMoved Dance 3:30   Wine&Cheese Wednesday <b>7:00   Book Club Meeting</b>	<b>30</b> 8:00-10:00   Breakfast 9:30   Stretching/Yoga 10:15   Full Body Bootcamp 11:30-12:30   Tech Help Stand <b>5:00   Avidor Monthly Meeting</b> <b>6:30   Bingo Night</b>		<b>Ways to Wellness</b> Physical Emotional Intellectual Spiritual Environmental Social Occupational

## EVENTS

### Meet Your Neighbors – June 1, 8, 15, 22 (See Above – Each Floor on a Different Night)

Use this opportunity to meet others living on your floor. It's always nice to know someone close by that you can count on. Who knows... maybe you will meet someone that will turn into a good friend? This can be an opportunity to exchange contact information as well as a time to mix and mingle! BYO drinks if desired.

### Splashin' Social – Every Saturday

Grab your swimsuit, bring a cocktail, and get ready to enjoy the summer here at Avidor. Each Saturday, residents can meet up in the Courtyard for a fun evening. Take a dip in the pool, listen to some great tunes, share some food and drinks. It is sure to be a fun night!

### Avidor Talent Show – June 9

Calling all talented Avidor residents! We will be hosting a talent show and would love to see you perform. All talents are welcome... juggling, dancing, comedy, music, acting, readings, and more! **Please RSVP in binder at Coffee Bar.** BYO drinks if desired.