

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 8:00 Continental Breakfast 9:30 Strength Training 10:30 Coffee & Current Events 4:00 Great Books Discussion	2 8:00 Continental Breakfast 9:30 Outdoor Cardio Kickboxing 1:00 Scrabble 4:00 Happy Hour 7:15 Levy Drive-In Movie	3 8:00 Continental Breakfast 10:30 Spiro 100 Fitness 11:00 Evanston Farmer's Market 2:00 Netflix Documentary
4 10:30 Spiro 100 Fitness 1:00 Lunch on the Town 3:00 Movie & Popcorn	5 8:00 Continental Breakfast 10:30 Strength Training 4:00 Give Back to Evanston 7:00 Monday Night Football	6 8:00 Continental Breakfast 9:00 Tai Chi 11:30 Mindfulness & Meditation 4:00 Around the World	7 8:00 Continental Breakfast 9:30 Outdoor Yoga Flow 1:00 Creative Workshop 4:00 Wine Wednesday	8 8:00 Continental Breakfast 9:30 Zumba 10:30 Coffee & Current Events 4:00 Sweet Treat Before You Eat 7:30 Bears Game Viewing	9 8:00 Continental Breakfast 9:30 Outdoor Cardio Kickboxing 1:00 Shuffleboard 4:00 Happy Hour	10 8:00 Continental Breakfast 10:30 Spiro 100 Fitness 11:00 Evanston Farmer's Market 2:00 Netflix Documentary
11 10:30 Spiro 100 Fitness 1:00 Lunch on the Town 3:00 Movie & Popcorn	12 8:00 Continental Breakfast 10:30 Strength Training 4:00 Plant Chat: Guest Speaker 7:00 Monday Night Football	13 8:00 Continental Breakfast 9:00 Tai Chi 1:00 Levy Lecture 4:00 Around the World	14 8:00 Continental Breakfast 9:30 Outdoor Yoga Flow 1:00 Wellness Lecture 4:00 Wine Wednesday	15 8:00 Continental Breakfast 9:30 Strength Training 10:30 Coffee & Current Events 4:00 Great Books Discussion	16 8:00 Continental Breakfast 9:30 Outdoor Cardio Kickboxing 1:00 Scrabble 4:00 Happy Hour	17 8:00 Continental Breakfast 10:30 Spiro 100 Fitness 11:00 Evanston Farmer's Market 2:00 Netflix Documentary
18 10:30 Spiro 100 Fitness 1:00 Lunch on the Town 3:00 Movie & Popcorn	19 8:00 Continental Breakfast 10:30 Strength Training 4:00 Give Back to Evanston 7:00 Monday Night Football	20 8:00 Continental Breakfast 9:00 Tai Chi 11:30 Mindfulness & Meditation 3:00 Chili Cook-Off Contest	21 8:00 Continental Breakfast 9:30 Outdoor Yoga Flow 1:00 Creative Workshop 4:00 Wine Wednesday	22 8:00 Continental Breakfast 9:30 Zumba 10:30 Coffee & Current Events 4:00 Fireside Apple Cider	23 8:00 Continental Breakfast 9:30 Outdoor Cardio Kickboxing 1:00 Be Moved Dance Class 4:00 Happy Hour	24 8:00 Continental Breakfast 10:30 Spiro 100 Fitness 11:00 Evanston Farmer's Market 2:00 Netflix Documentary
25 10:30 Spiro 100 Fitness 1:00 Lunch on the Town 3:00 Movie & Popcorn	26 8:00 Continental Breakfast 10:30 Strength Training 4:00 Give Back to Evanston 7:00 Monday Night Football	27 8:00 Continental Breakfast 9:00 Tai Chi 1:00 Levy Lecture 4:00 Around the World	28 8:00 Continental Breakfast 9:30 Outdoor Yoga Flow 1:00 Wellness Lecture 4:00 Happy Hour	29 8:00 Continental Breakfast 9:30 Strength Training 10:30 Coffee & Current Events 4:00 Great Books Discussion	30 8:00 Continental Breakfast 9:30 Outdoor Cardio Kickboxing 1:00 Scrabble 4:00 Halloween Party	31 8:00 Continental Breakfast

EVENTS

Drive-In Movie

Join the Levy Senior Center Foundation for their Drive-In Movie presenting A Beautiful Day in the Neighborhood! Pre-registration is required. Space is limited.

Plant Chat with NPK Associates

Bring your new home to life! The colder months aren't putting our gardens to rest quite yet. Join our Guest Speaker, Alicia from NPK Associates to learn about benefits of indoor plants and indoor gardening.

Chili Cook-Off

Calling all chefs! Show off your skills and take the title of top chef at our Chili Cook-Off!