


MARCH

SUN	MON	TUE	WED	THU	FRI	SAT
GR-GREAT ROOM YS-YOGA STUDIO MT-MOVIE THEATER CR-CLUB ROOM PDR-PRIVATE DINING ROOM L-LOBBY			1 8:00-9:30 Continental Breakfast 10:00-4:00 Blood Drive - GR 10:00 Yoga Sculpt-YS 11:15 Gentle Yoga-YS 11:20 -1:20 Chair Massage-MT 4:00 Bible Study-PDR	2 8:00-9:30 Continental Breakfast 11:00 Strength-YS 1:00 Bridge-GR 4:00 Happy Hour -GR	3 8:00-9:30 Eggs & Sausage 10:00 Yoga Flow-YS 11:15 Gentle Yoga-YS 1:00 Scrabble-GR 4:00 Harp Performance- GR	4 8:00-9:30 Continental Breakfast 1:00 Board Games - GR 3:30 Popcorn & a Movie
5 10:00 -11:30 Specialty Breakfast - GR 1:00-4:00 Civic Orchestra - GR 3:30 Popcorn & a Movie - MT	6 8:00- 9:30 Continental Breakfast 10:00 Yoga Flow -YS 11:15 Gentle Yoga - YS 1:00 Share Your Favorite Beauty Product - GR	7 9:00-11:00 National Flapjack Day - GR 10:00 Tai Chi-YS 11:00 Strength-YS 1:00 Mahjong-GR 4:00 Happy Hour -GR	8 8:00-9:30 Continental Breakfast 10:00 Yoga Sculpt-YS 11:15 Gentle Yoga-YS 11:20 -1:20 Chair Massage-MT 1:00 Avidor Assembly - GR 2:00 Fall Prevention with FOX Physical Therapy - MT 4:00 Bible Study-PDR	9 8:00-9:30 Continental Breakfast 10:00 Tai Chi-YS 11:00 Strength-YS 1:00 Bridge-GR 4:00 Happy Hour " Celebration of March Birthdays-GR	10 8:00-9:30 Yogurt Parfait 10:00 Yoga Flow-YS 11:15 Gentle Yoga-YS 1:00 Scrabble-GR	11 8:00-9:30 Continental Breakfast 1:00 Board Games-GR 2:00-4:00 Cooking Class - GR
12 9:00 Coffee w/friends - GR 1:00 Board Games - GR 3:30 Popcorn & a Movie - GR	13 8:00- 9:30 Continental Breakfast 10:00 Yoga Flow-YS 11:15 Gentle Yoga - YS 1:00 Easter Card Making Class - GR 4:00 Book Club - PDR	14 8:00-9:30 Eggs & Bacon 10:00 Tai Chi-YS 11:00 Strength-YS 1:00 Mahjong-GR 4:00 Happy Hour "Open Mic Joke Night - GR	15 8:00- 9:30 Continental Breakfast 10:00 Yoga Sculpt-YS 11:15 Gentle Yoga-YS 11:20 -1:20 Chair Massage-MT 1:00 Augsburg College Speaker & Event - GR 4:00 Bible Study-PDR	16 8:00-9:30 Continental Breakfast 10:00 Tai Chi-YS 11:00 Strength-YS 1:00 Bridge-GR 4:00-6:00 St Patrick's Day Party - GR	17 8:00-9:30 Rolled Oats - GR 10:00 Yoga Flow-YS 11:15 Gentle Yoga-YS 1:00 Scrabble-GR	18 8:00-9:30 Continental Breakfast 1:00 Board Games-GR 3:30 Popcorn & a Movie -MT
19 9:00 Coffee w/friends - GR 1:00 Board Games - GR 3:30 Popcorn & a Movie -MT	20 8:00- 9:30 Continental Breakfast 10:00 Yoga Flow-YS 11:15 Gentle Yoga-YS 1:00-3:00 Art Class - GR 1:30 Met Opera - MT	21 8:00-9:30 Eggs & Hashbrowns 10:00 Tai Chi-YS 11:00 Strength-YS 1:00 Mahjong-GR 4:00 Happy Hour	22 8:00- 9:30 Continental Breakfast 10:00 Yoga Sculpt-YS 11:15 Gentle Yoga-YS 11:20 -1:20 Chair Massage-MT 4:00 Bible Study-PDR	23 8:00-9:30 Continental Breakfast 10:00 Tai Chi-YS 11:00 Strength-YS 1:00 Bridge-GR 4:00 Happy Hour "Meet & Greet with New Residents"-GR	24 8:00-9:30 Pancakes 10:00 Yoga Flow-YS 11:15 Gentle Yoga-YS 1:00 Scrabble-GR	25 8:00-9:30 Continental Breakfast 1:00 Board Games-GR 3:30 Popcorn & a Movie-MT
26 9:00 Coffee w/friends - GR 1:00 Board Games - GR 3:30 Popcorn & a Movie -MT	27 8:00-9:30 Continental Breakfast 10:00 Yoga Flow-YS 11:15 Gentle Yoga -YS 1:00 Beginner's Watercolor Class - GR	28 8:00-9:30 Waffles 10:00 Tai Chi-YS 11:00 Strength-YS 1:00 Mahjong-GR 4:00 Happy Hour-GR	29 8:00- 9:30 Continental Breakfast 10:00 Yoga Sculpt-YS 11:15 Gentle Yoga-YS 11:20 -1:20 Chair Massage-MT 4:00 Bible Study-PDR	30 8:00-9:30 Continental Breakfast 10:00 Tai Chi-YS 11:00 Strength-YS 1:00 Bridge-GR 4:00 Happy Hour -GR	31 8:00-9:30 Quiche 10:00 Yoga Flow-YS 11:15 Gentle Yoga-YS 1:00 Scrabble-GR 2:00 Edina Senior Singers - GR	

