



# avidor

Edina

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## **Avidor Team**

*Community Director*

Gabrielle Anderson

*Assistant Community Director*

Polly Marell-Speranza

*Resident Experience Director*

Amy Egan

*Lead Leasing Advisor*

Deena Carlson

*Leasing Advisor*

Gina Larsen

*Maintenance Director*

Otis Mays

*Maintenance Assistants*

Robert Frazier

Andre Bronson

*Concierge*

Kristin Olson

Frank Toft

Faisa Mohamoud

## May 2020

### **Community Director's Corner**

(Socially Distant) Greetings to everyone at Avidor, It has definitely been a strange several weeks. When I sat down to write last month's Community Director Corner in mid-March, there was no Stay at Home order in place, and I was planning my birthday weekend in Stillwater, during which we stayed at a hotel, shopped downtown, and ate at a couple of restaurants. I did not know at that time that would be my last outing and I definitely didn't appreciate it enough!

Through the last several weeks we have all seen people at odds with each other, arguing on the news. However, at Avidor we see a different picture: I see our residents and team going to great lengths to keep their connection with each other, even though our social events and activities look a little different now. I think, though, that we have seen creative ideas come to life, and that creativity will last even when things return to (semi) normal. I am so appreciative of all of your understanding and kindness, and I wish everyone a safe, healthy May that hopefully brings with it some sun and warmth that we all need. As always, you can reach out to me anytime, but e-mail and phone are best at this time – 651-328-9710 or [ganderson@avidorliving.com](mailto:ganderson@avidorliving.com).

Thank you,  
Gabrielle Anderson, Community Director

### **Memorial Day**

A day to remember the sacrifice of the country's fallen service members has been observed since the Civil War. Known as Decoration Day for a century, the holiday was renamed Memorial Day by federal law in 1967.



### **Saluting the Golden Years**

May celebrates Older Americans Month.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>Stay at Home Order</b> Due to the Stay at Home Order in effect until May 4th, possibly longer, we will be moving to online events and email notifications for any upcoming events.	<b>Zoom Rooms</b> If you would like to use a Zoom Room for any reason such as keeping in contact with family and friends, please don't hesitate to contact Amy or Gabrielle and we will be happy to setup a time for you to use one.			1 10:30 Virtual Yoga with Nicki 11:45 Virtual Chair Yoga 3:00 Happy Hour Delivery	2
3	4 10:30 Virtual Yoga with Nicki 11:45 Virtual Chair Yoga	<b>Cinco De Mayo</b> 5 10:00 Zoom Coffee Klatch 11:00 Virtual Silver Sneakers Via Zoom 3:30 Cinco De Mayo Taco Tuesday Delivery	6 10:30 Virtual Yoga with Nicki 11:45 Virtual Chair Yoga 3:00 Zoom Healthy Habits with Polly and Gabrielle ♥	7 11:00 Virtual Silver Sneakers Via Zoom	8 10:30 Virtual Yoga with Nicki 11:45 Virtual Chair Yoga 3:00 Happy Hour Delivery	9
<b>Mother's Day</b> 10	11 10:30 Virtual Yoga with Nicki 11:45 Virtual Chair Yoga	12 10:00 Zoom Coffee Klatch 11:00 Virtual Silver Sneakers Via Zoom	13 10:30 Virtual Yoga with Nicki 11:45 Virtual Chair Yoga 1:00 Zoom Writers Group	14 11:00 Virtual Silver Sneakers Via Zoom	15 10:30 Virtual Yoga with Nicki 11:00 Ladies who Lunch Zoom Edition 11:45 Virtual Chair Yoga 3:00 Happy Hour Delivery	16
17	18 10:30 Virtual Yoga with Nicki 11:45 Virtual Chair Yoga	19 10:00 Zoom Coffee Klatch 11:00 Virtual Silver Sneakers Via Zoom	20 10:30 Virtual Yoga with Nicki 11:45 Virtual Chair Yoga 3:00 Zoom Healthy Habits with Polly and Gabrielle ♥	21 11:00 Virtual Silver Sneakers Via Zoom	22 10:30 Virtual Yoga with Nicki 11:45 Virtual Chair Yoga 3:00 Happy Hour Delivery	23
24	<b>Memorial Day</b> 25 10:30 Virtual Yoga with Nicki 11:45 Virtual Chair Yoga	26 10:00 Zoom Coffee Klatch 11:00 Virtual Silver Sneakers Via Zoom	27 10:30 Virtual Yoga with Nicki 11:45 Virtual Chair Yoga 1:00 Zoom Writers Group <b>5:00 GR Zoom Town Hall Mtg with Gabrielle</b>	28 11:00 Virtual Silver Sneakers Via Zoom	29 10:30 Virtual Yoga with Nicki 11:45 Virtual Chair Yoga 3:00 Happy Hour Delivery	30
31						



## “This Month In History” MAY

**1908:** The first Mother’s Day celebrations are held at gatherings in Grafton, W.Va., and Philadelphia.

**1936:** Joe DiMaggio makes his MLB debut, taking the field as a New York Yankee.

**1942:** To help the American war effort, gas rationing begins in 17 eastern states. By the end of the year, it was in effect in all 48 states.

**1963:** The first James Bond film, “Dr. No,” premieres in the U.S. Scottish actor Sean Connery portrayed the fictional secret agent.

**1973:** Stevie Wonder’s “You Are the Sunshine of My Life” is the No. 1 song played across the U.S.

**1980:** An earthquake triggers the volcanic eruption of Washington’s Mount St. Helens.

**1999:** Discovery becomes the first space shuttle to dock with the International Space Station.

**2003:** After a 16-year run on Broadway, the musical “Les Miserables” closes.

**2013:** An 80-year-old Japanese man becomes the oldest person to climb Mount Everest, the world’s highest mountain.

**2018:** England’s Prince Harry marries American actress Meghan Markle in a ceremony broadcast around the world. The pair received the titles Duke and Duchess of Sussex.